

Maricopa County Department of Public Health WEEKLY INFLUENZA UPDATE 2017-2018 Season (10/01/2017-09/30/2018)

October 11, 2018

2017-2018 Week 39 (09/23/2018 - 09/29/2018)

The Influenza Season is defined by MMWR surveillance weeks, beginning week 40 (October) and continues through week 39 (the following September).

Influenza Surveillance Indicators

Lab Confirmed Cases

<u>Hospital Emergency</u> <u>Visits</u>

Outpatient Clinics

School Absenteeism

Flu Near You

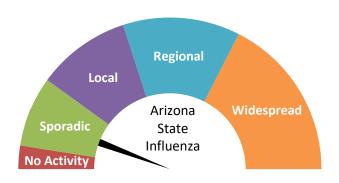
One previously reported pediatric death has been retracted due to a laboratory result that was later determined to be a false positive from an out of state clinical laboratory



www.FluNearYou.org

The first official day of the 2017-2018 Influenza Season was October 1, 2017 and the surveillance season will continue through September 30, 2018. Maricopa County identified its first locally-acquired influenza case of the 2017 - 18 season in week 41.

- Since October 1, 2017, 19,582 cases have been laboratory-confirmed.
- All ILI (Influenza like Illness) indicators remained low this week.
- Maricopa County reported 3 Pediatric Influenza Death this season, PCR positive for A/H3 & B/Victoria.

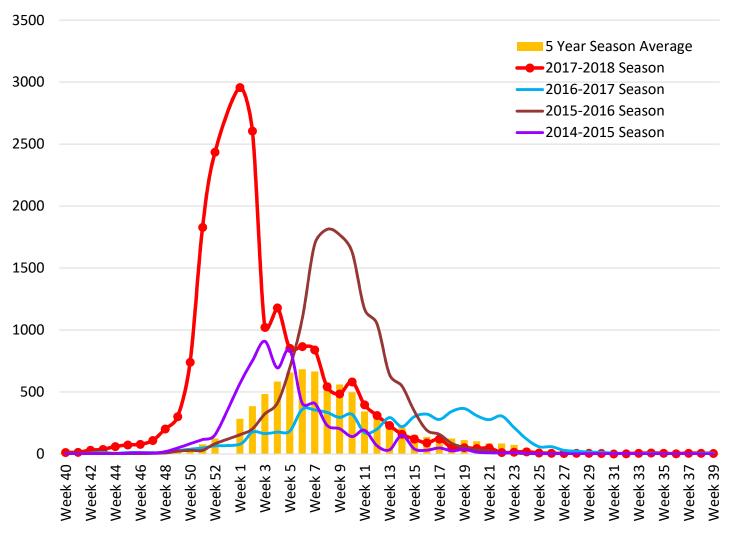


| Influenza Activity | 2017-2018 | 2016-2017 | 2015-2016 | 2014-2015 |
|---|-------------------------------|---|-----------------------------------|-----------------------------------|
| First Confirmed Case (no travel) | 10/16/2017 | 10/3/2016 | 10/4/2015 | 10/3/2014 |
| Weeks w/Widespread Activity (AZ) | Weeks 50 - 10 | Week 6 - 9 | Week 5 - 14 | Week 1 - 6 |
| Weeks w/Hospital ILI above Regional Threshold | Weeks 41 43 | Week 49, 52 & 1-23 | Week 51 - 16 | Week 50 - 11 |
| Weeks w/Outpatient visits above Threshold | Weeks 47 - 15, 17- 18 & 22 | Weeks 47, 48, 50- 52, 1-3, 5-10, 14 & 17-21 | Weeks 45-52, 1-21, 23, 35 & 36 | Weeks 48, 50-52, 1- 10 & 12-14 |
| Peak Week | Week 1 (12/31-1/6/2018) | Week 6 (2/5-2-11/2016) | Week 8 (2/21-2/27/2016) | Week 3 (1/18-1/24/2015) |
| Pediatric Deaths | 3 | 1 | 3 | 1 |
| Total Cases | 19,582 | 6,633 | 14,353 | 6,601 |

Individuals with Laboratory Confirmed Influenza

| Table 1. Laboratory-Confirmed Influenza Cases Compared to Last Week and Last Season, Maricopa | Cumulative Season | Current Week |
|---|----------------------|-----------------|
| County | Total | Total |
| 2017-2018 Season | 19582 | 6 |
| 2016-2017 Season | 6628 | 5 |
| 5 Season Average (2012-2017) | 7908 | 1 |
| % increase compared to 2016-2017 Season | 195% | 20% |
| % increase compared to 5 season average | 148% | 329% |
| % increase compared to last week | 100% | 50% |

Trends of influenza laboratory test results compared to the previous 3 seasons. The current season is in **red**.

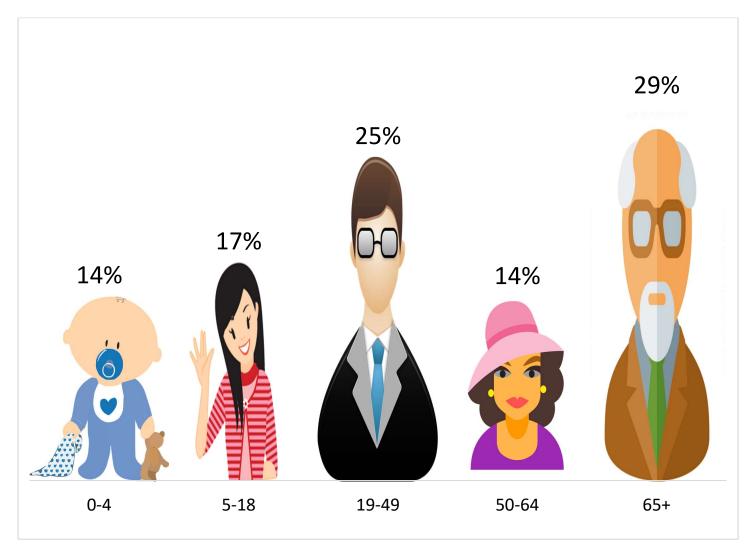


Types of Influenza in Maricopa County

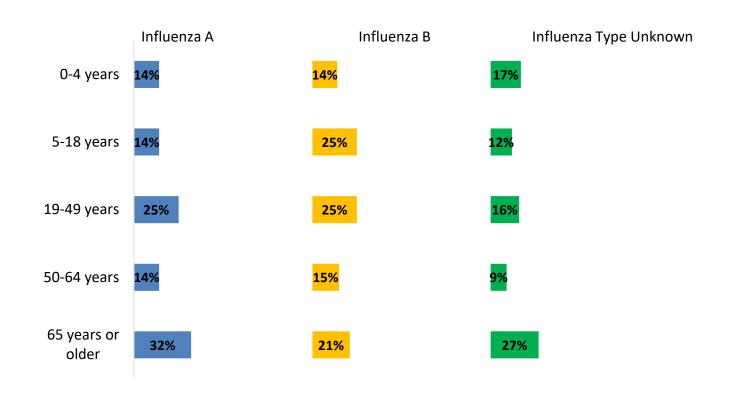
| Table 2. Influenza 2017-18 Season | | | | | |
|------------------------------------|-------|------------|--|--|--|
| Types/Subtypes | Count | Percentage | | | |
| Туре А | 14812 | 76% | | | |
| Subtype 2009 H1N1 | 141 | 1% | | | |
| Subtype H3 | 1820 | 12% | | | |
| Subtyping not performed or unknown | 12851 | 87% | | | |
| Туре В | 4591 | 23% | | | |
| Unknown | 179 | 1% | | | |
| Total | 19582 | 100% | | | |

Confirmed Influenza Percentages by Age Group

This Influenza Season has proven to effect ages 65 and older and ages 19 to 49.



Confirmed influenza cases by Age-Group and Type



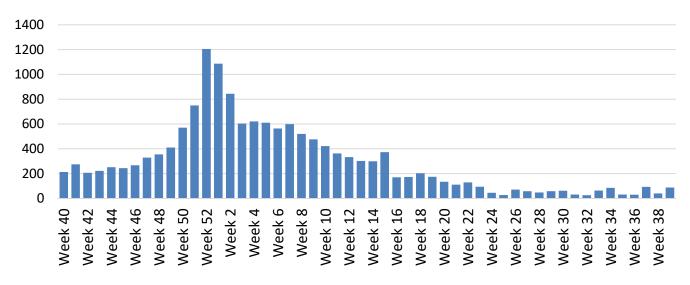
Confirmed influenza cases by Age-Group and Gender



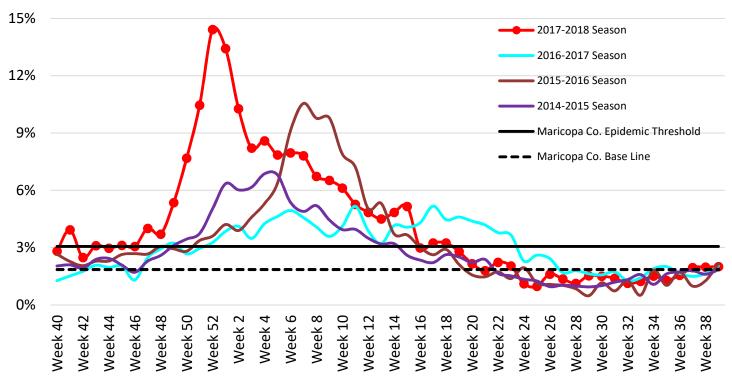
Influenza Like Illness Activity at Hospital Emergency Departments

This influenza season there have been **15,340** visits to emergency departments by individuals with flu-like symptoms. To be counted as an individual with flu-like symptoms, the patient must have both fever <u>and</u> cough/sore throat.

These show the number of patients with flu-like symptoms seen at 12 emergency departments.

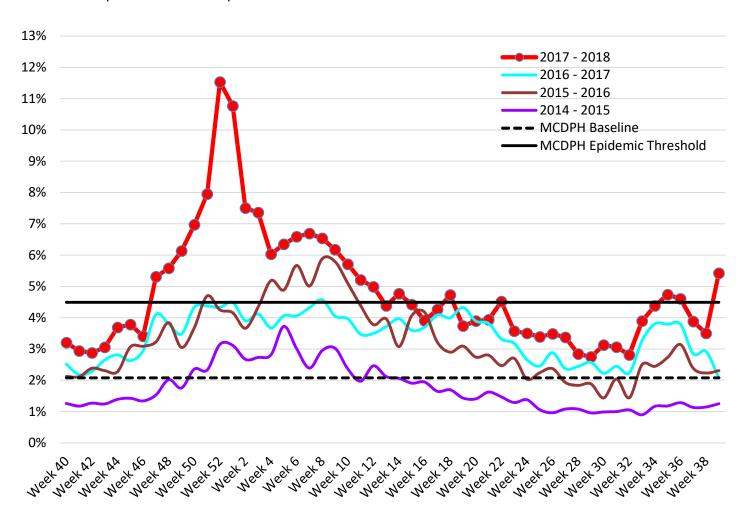


This compares what percent of all emergency department visits were individuals with flu-like symptoms (fever and cough/sore throat). The graph shows the trend week by week, with the current season in red.



Influenza-Like Illness Activity at Sentinel Site Outpatient Facilities Reported to the Centers for Disease Control and Prevention (CDC)

Maricopa County sentinel sites (outpatient facilities) report visits due to flu-like symptoms. This week outpatient facilities saw an increase of **1.92**% to **5.42**% of visits at outpatient facilities due to flu-like symptoms, last week outpatient facilities reported **3.50**%.

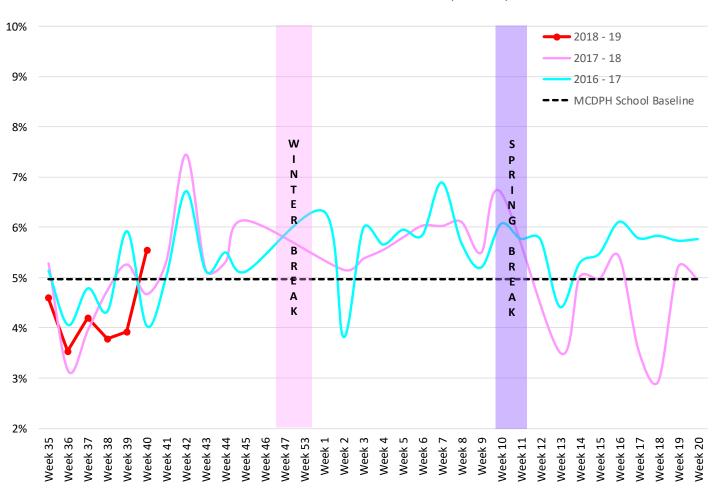


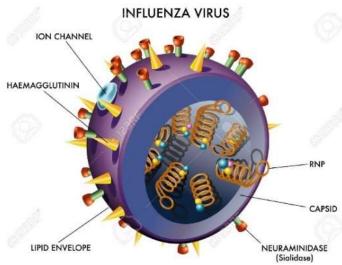


Absentee Activity at Schools

Absenteeism trends compared to the last three school years show the percent of students reported absent and illustrates the week by week trend, the current school year in in red. (School Surveillance will begins Week 40 thru Week 20).

2017-2018 School Absenteeism in Maricopa County

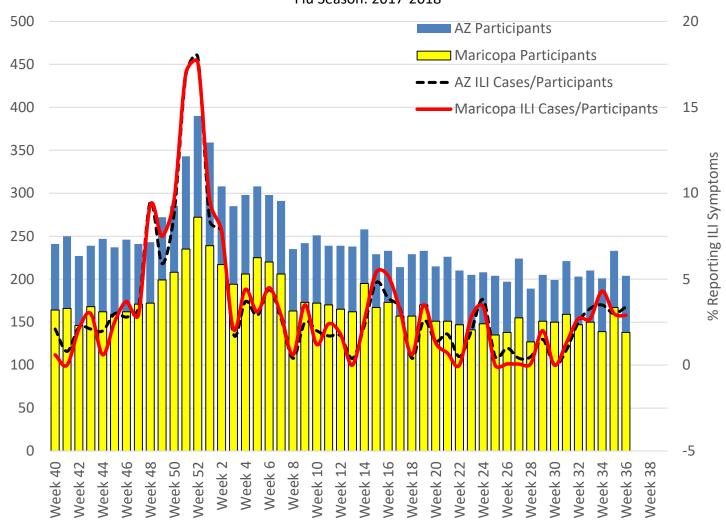




2017 – 2018 Influenza Season | Data Source: Flu Near You Week 36

do you have it in you? The following report summarizes data captured from volunteer reports to the Flu Near You participatory surveillance platform between CDC Weeks 40 and 36 (October 2017 to September 2018). Data for weeks 37 through 39 is not yet available for inclusion in this report. This report is intended to update Maricopa County public health professionals and other partners on system performance and results during the 2017-18 influenza season. Results are NOT final and may be subject to change pending further analyses.

Count of participants and rate of ILI cases per MMWR week in Maricopa County Flu Season: 2017-2018





Why register for Flu Near You?

Registered users have access to many features, such as:

- The ability to report their symptoms
- A map that displays where users can find vaccines in their area
- A map of flu activity in their area and across the nation
- Updated news on the current flu season, flu shots, treatment, recovery time, and more

Everyone is invited to participate in Flu Near You by enrolling at https://flunearyou.org

The Maricopa County Department of Public Health wishes to thank all of the Influenza surveillance participants:

Arizona Department of Health Services

Local Hospital Emergency Departments & Infection Control Practitioners

Local Outpatient Facilities and Medical Directors

Maricopa County Public Schools

Maricopa County Office of Vital Statistics

Questions about this report may be directed to:

epidemiology@mail.maricopa.gov

Information on influenza activity for the state, the U.S. and the world may be found at the following websites:

http://www.azdhs.gov/phs/oids/epi/flu/index.htm (ADHS)
https://www.cdc.gov/flu/weekly/fluactivitysurv.htm (CDC)
http://www.who.int/influenza/gisrs laboratory/updates/en/index.html (WHO)